

# HB 1195 • Colorado

## Psychotherapy Artificial Intelligence Restrictions

Unknown

Risk: Medium

Sector-Specific

Last Action (May 12, 2026): House Considered Senate Amendments - Result was to Concur - Repass

### Summary

CO HB 1195: Psychotherapy AI Restrictions, unlawful for entities to offer services without regulated professionals, allows AI for administrative and supplementary support.

### Business Impact

If you use AI in psychotherapy, ensure compliance with restrictions or face disciplinary actions.

### Key Provisions

- Prohibits AI use for direct client interaction without synchronous, real-time interaction involving a regulated professional.
- Requires written, informed consent for AI use in recording or transcribing therapy sessions.
- Allows AI for administrative and supplementary support with professional oversight.
- Bans AI-generated treatment plans without professional review.
- Exempts educational, administrative, simulation, and research uses of AI from certain restrictions, allowing AI in educational programs and research under oversight, provided it is not marketed for client use.
- Unfair trade practice to imply AI systems' outputs are endorsed by regulated professionals, equivalent to psychotherapy services, or confidential.
- Makes it unlawful for any entity to offer psychotherapy services unless provided by a regulated professional.
- Allows AI use for self-help, coaching, guided meditation, or wellness tools that do not diagnose or treat mental health disorders and disclose they are not substitutes for clinical care.

### Compliance Checklist

- Do not use AI for direct client interactions or treatment recommendations | Who: Licensed mental health professionals | Penalty: Disciplinary action from regulatory boards

- Obtain written consent for AI recording or transcription | Who: Regulated professionals | Penalty: Disciplinary action from regulatory boards

## Industries Affected

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Healthcare   Employment   Education   Finance   Technology   Consumer Protection

## Topics

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AI Healthcare   Comprehensive AI   AI Privacy   AI in Education

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## Related Bills

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- HB 1139 (CO)

## Official Source

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<https://leg.colorado.gov/bills/HB26-1195>

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