

# A09106 • New York

Regulates the use of artificial intelligence in the provision of therapy or psychotherapy services by prohibiting the use of artificial intelligence to assist in providing supplementary support where the session is recorded or transcribed unless the patient is informed of the specific purpose of...

Introduced

Risk: High

Sector-Specific

Last Action (Jan 07, 2026): referred to higher education

## Summary

This bill regulates AI use in therapy by requiring patient consent for AI-assisted support during recorded sessions.

## Business Impact

If you provide therapy services in New York using AI, you must inform patients and obtain their consent or face fines up to \$50,000.

## Key Provisions

- Prohibits AI-assisted supplementary support in therapy and psychotherapy without patient consent when sessions are recorded.
- Defines key terms such as 'artificial intelligence' and 'licensed professional.'
- Establishes penalties for violations.
- Excludes religious counseling and peer support from its regulations.
- Requires informing the patient of the specific purpose and obtaining consent for AI use.
- Limits AI's role to administrative and supplementary support only, under the full responsibility of a licensed professional.

## Compliance Checklist

- Inform patients about AI use and obtain written consent. | Who: Licensed professionals providing therapy services. | Penalty: Fines up to \$50,000 for violations.
- Ensure all AI-assisted support complies with the defined parameters. | Who: Licensed professionals. | Penalty: Fines up to \$50,000 for violations.

## Industries Affected

Healthcare

Education

## Topics

AI Healthcare

AI in Education

## Bill Sponsors

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## Related Bills

- S08484 (NY)

## Official Source

<https://www.nysenate.gov/legislation/bills/2025/A9106>

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