

A09106 • New York

Regulates the use of artificial intelligence in the provision of therapy or psychotherapy services by prohibiting the use of artificial intelligence to assist in providing supplementary support where the session is recorded or transcribed unless the patient is informed of the specific purpose of such use and consents of such use; establishes penalties for violations of such provisions; excludes religious counseling, peer-support, and self-help materials and educational resources from such provisions.

Unknown

Risk: Medium

Sector-Specific

Last Action (Jan 07, 2026): referred to higher education

Summary

The bill regulates AI use in therapy, requiring patient consent for AI-assisted sessions that are recorded or transcribed, with specific purpose disclosure.

Business Impact

If you provide therapy services in New York using AI, you must inform patients and obtain consent for recorded sessions or face penalties.

Key Provisions

- Prohibits AI assistance in therapy sessions that are recorded or transcribed without patient consent and specific purpose disclosure.
- Requires therapists to inform patients of the specific purpose of AI use.
- Excludes religious counseling, peer-support, and self-help materials from regulation.

Compliance Checklist

- Inform patients of AI use and obtain consent for recorded sessions | Who: Therapists and psychotherapy providers | Penalty: Penalties for violations as established by the bill

Industries Affected

Mental Health Services

Healthcare

Topics

AI Healthcare

AI in Education

Related Bills

- S08484 (NY)

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