

S08484 • New York

Regulates the use of artificial intelligence in the provision of therapy or psychotherapy services by prohibiting the use of artificial intelligence to assist in providing supplementary support where the session is recorded or transcribed unless the patient is informed of the specific purpose of such use and consents of such use; establishes penalties for violations of such provisions; excludes religious counseling, peer-support, and self-help materials and educational resources from such provisions.

Unknown

Risk: Medium

Sector-Specific

Last Action (Jan 07, 2026): REFERRED TO HIGHER EDUCATION

Summary

The bill regulates AI use in therapy by requiring patient consent for recorded or transcribed sessions and establishes penalties for violations.

Business Impact

If you provide therapy services using AI in New York, you must inform patients and obtain consent for recorded sessions or face penalties.

Key Provisions

- Prohibits AI use in therapy without patient consent when sessions are recorded or transcribed.
- Requires informing patients of the specific purpose of AI use.
- Excludes religious counseling and self-help resources from these regulations.
- Establishes penalties for violations of the consent requirement.

Compliance Checklist

- Inform patients of AI use and obtain consent for recorded sessions | Who: Therapists and psychotherapy providers | Penalty: Penalties for non-compliance as established by the bill

Industries Affected

Mental Health Services

Therapy and Counseling

Topics

AI Healthcare

AI in Education

Related Bills

- A09106 (NY)

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